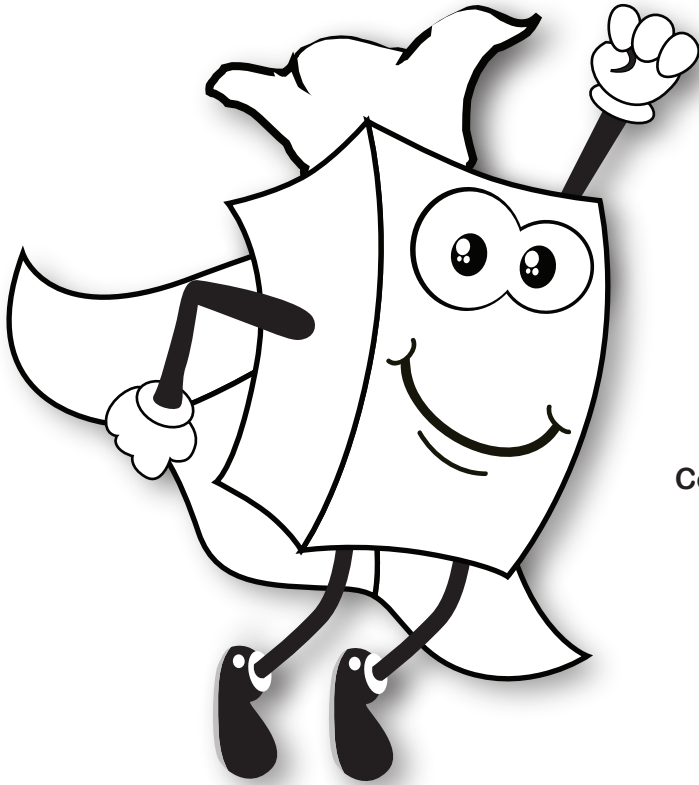




tissue tommy FIGHTS GERMS!



Sing this song to the tune of
“Row, Row, Row Your Boat”
while washing your hands.

Wash, wash, wash your hands
Play our handy game.
Rub and scrub, and scrub and rub.
Germs go down the drain. HEY!
Wash, wash, wash your hands
Play our handy game.
Rub and scrub, and scrub and rub.
Dirt goes down the drain. HEY!
Cover, cover, cover your cough
Cough into your tissue.
Cough and sneeze, and sneeze and cough.
Germs don't spread around. HEY!

Word Bank

fun	cough	eyes
soap	flu	sick
healthy	sneeze	wash

Tissue Tommy says – to be healthy and happy make sure you do the following!
Fill in the blanks using the word bank above.

1. Before you eat, you'll need to _____ your hands.
2. Stay home and rest if you feel _____ .
3. Don't touch your mouth or _____ with out washing your hands first.
4. Get exercise, eat nutritious foods and drink plenty of water to stay _____ .
5. Cover your mouth and nose with a tissue when you _____ and _____ .
6. Wash with warm water and _____ for at least 20 seconds.
7. Infections like the _____ are cause by germs.
8. Staying healthy is _____ !